Use of Geogrid in Subgrade-Ballast System of Railroads Subjected to Cyclic Loading for Reducing Maintenance

B. M. Das, Dean Emeritus California State University, Sacramento, USA

ABSTRACT

During the past twenty-five years biaxial geogrids have been used as reinforcement in the construction of railroad beds and ballasts to improve their performance and structural integrity. A review of several published field and large-scale laboratory test results relating to the reinforcing ability of geogrids is presented. Also included are a number of case histories from several countries where layer(s) of geogrid were used in ballast and sub-ballast layers and on soft subgrade to reduce track settlement and, hence, the frequency of maintenance.

1. INTRODUCTION

A geogrid is defined as a polymeric (i.e., geosynthetic) material consisting of connected parallel sets of tensile ribs with apertures of sufficient size to allow strike-through of surrounding soil, stone, or other geotechnical material. Their primary functions are reinforcement and separation. Reinforcement refers to the mechanism(s) by which the engineering properties of the composite soil/aggregate are mechanically improved. Separation refers to the physical isolation of dissimilar materials — say, ballast and sub-ballast or sub-ballast and subgrade — such that they do not commingle. Netlon Ltd. of the United Kingdom was the first producer of geogrids. In 1982 the Tensar Corporation (presently Tensar International) introduced geogrids in the United States.

Historically speaking, in the 1950's Dr. Brian Mercer (1927-1998) developed the Netlon[®] process in which plastics are extruded into a net-like process in one stage. He founded Netlon Ltd. in the United Kingdom in 1959 to manufacture the product. Based on Dr. Mercer's further innovative research and development work on extruded net technology, some polymer straps and strips were formed into grid-like products during the 1970's, but the first integral geogrids were developed in the late 1970's and first employed in various applications in the early 1980's. In the early stages of the development of geogrid several universities in the UK, namely Leeds, Nottingham, Oxford, Sheffield and Strathclyde, were heavily involved in a comprehensive program of research that examined the polymer technology.

The initial extruded geogrids developed by Netlon Ltd. were of two types — biaxial and uniaxial (Figure 1). They were formed using a thick sheet of polyethylene or polypropylene that was punched and drawn to create apertures and to enhance engineering properties of the resulting ribs and nodes. Original uniaxial extruded geogrids were manufactured by stretching a punched sheet of high-density polyethylene in one direction under carefully controlled conditions. This process aligned the polymer's long-chain molecules in the direction of draw and resulted in a product with high one-directional tensile strength and modulus. Biaxial geogrids were manufactured by stretching the punched sheet of polypropylene in two orthogonal directions. This process resulted in a product with high tensile strength and modulus in two perpendicular directions. The resulting grid apertures were either square or rectangular.



Figure 1. Extruded uniaxial and biaxial geogrid.

At the present time there are several types of geogrids commercially available in different countries. In addition to extruded geogrids, woven and welded geogrids are also available commercially. Woven geogrids are manufactured by grouping polymeric — usually polyester or polypropylene — and weaving them into a mesh pattern that is then coated with a polymeric lacquer. Welded geogrids are manufactured by fusing junctions of polymeric strips. Extruded geogrids have shown good performance when compared to other types when used in pavement reinforcement applications. The commercial uniaxial and biaxial geogrids currently available for soil reinforcement have nominal rib thicknesses of about 0.5–1.5 mm and junctions of about 2.5–5 mm. The grids used for soil reinforcement usually have apertures that are rectangular or elliptical in shape. The dimensions of the apertures vary from about 25–150 mm. Geogrids are generally manufactured so that the open areas of the grids are greater than 50% of the total area. They develop reinforcing strength at low strain levels, such as 2%. More recently, triaxial geogrids (Figure 2) are commercially produced and distributed.



Figure 2. Triaxial geogrid.

Over the last twenty-five years, geogrids have been extensively used for construction of earth-supported and earth-retaining structures such as mechanically stabilized earth (MSE) retaining walls, steep slopes, and other structures. A less familiar, but increasingly popular, adaptation of this technology is reinforced soil foundations (RSF). Here as the term implies the layered composite of granular fill and layers of polymeric reinforcements act like a beam thereby reducing unit stresses in the foundation soil beneath shallow spread footings. Geogrids have also been used as reinforcement in the construction of highways and airfields, where most applications are as a singular layer within or at the bottom of base or subbase granular fill. Design and construction protocol are well established in this fields (Giroud and Han, 2004; U.S. Army Corps of Engineers, 2003; U.S. Department of Transportation, Federal Aviation Administration, 1994). As such, the bulk of this knowledge has been applied to paved and unpaved structures carrying rubber-tired traffic such as trucks and aircraft. The purpose of this paper is to highlight and summarize certain aspects of using geogrids as reinforcement in the construction of railroad beds and ballasts to improve their performance and structural integrity under rail traffic. Theoretical and experimental studies on this subject, either in the field or in the laboratory, are relatively scarce. Some case histories will also be briefly discussed showing the advantages of geogrid reinforcement as related to safety and maintenance of railroad tracks.

2. REINFORCEMENT MECHANISM

Generally speaking, geogrids are used in one of two ways to reinforce track bed materials. When included at the bottom or within a ballast layer (Figure 3), the primary benefit is an extension of the maintenance cycle, i.e., the period between ballast cleaning and replacement operations. The second way geogrids are used beneath a rail line is to reinforce the sub-ballast (Figure 4). In this case the primary purpose of the geogrids is to increase the effective bearing capacity of an underlying soft subgrade.



Figure 3. Geogrid reinforcement of the ballast layer for maintenance reduction.



Figure 4. Bearing capacity improvement by placement of the geogrid directly on the weaker subgrade.



Figure 5. Reinforcement mechanism of geogrid in granular soil over a subgrade (based on Perkins, 1999). [Note: σ'_v = vertical effective stress, σ'_h = horizontal effective stress, ε_v = normal strain in the vertical direction, ε_h = normal strain in the horizontal direction, τ = shear stress.]

Several authors have studied the reinforcement mechanisms associated with the interaction of geogrids and unbound aggregate. Perkins (1999), for example, suggested that there are four separate reinforcement mechanisms. These reinforcement mechanisms are shown in Figure 5 and are described below:

- a) Confinement of the aggregate by the geogrid results in a reduction in the amount of lateral spreading.
- b) Confinement results in an increase in the lateral stress within the aggregate, thereby increasing its stiffness. This reduces the dynamic (recoverable) deformation for each load cycle.
- c) An increased modulus of the aggregate results in an improved vertical stress distribution onto the underlying subgrade. The effect is that the surface deformation will be less and more uniform.
- d) A reduction in the shear stress within the subgrade leading to lower vertical strain.

There are a limited number of studies presently available in the literature that provide a quantitative analysis of the reduced effective vertical stress (σ'_v) that results from the inclusion of geogrid reinforcement in unbound aggregate. Shin et al. (2001) conducted load tests on land reclaimed from the ocean for the construction of the Incheon International Airport in Korea. The field test arrangement essentially consisted of a plate load test (circular plate; diameter B = 0.3 m) conducted on a granular mattress. Testing was undertaken both without and with geogrid reinforcement as shown in Figure 6. The stress transmitted (σ'_{max}) by the load on the plate below its center at a depth d (= 0.45 m) was measured by a pressure cell. The assumed stress distribution is shown in Figure 7, with the boundary of stress, $\sigma_{v'}$ inclined at an angle α to the vertical. This is similar to the so-called 2V:1H method used by geotechnical engineers to calculate the average effective vertical stress σ'_{av} . For 2:1 stress distribution, $\alpha \approx 26.56^{\circ}$.

According to Boussinesq's theory, the effective vertical stress at a depth d below the center of the plate is

$$\sigma_{max}' = q \left\{ 1 - \frac{1}{\left[\left(\frac{B}{2d} \right)^2 + 1 \right]^{1.5}} \right\}$$
[1]



Figure 6. Load test arrangement of Shin et al. (2001) on reclaimed land.



Figure 7. Simplified assumption of stress distribution in soil under a uniformly loaded circular area located over a geogridreinforced granular soil pad.

where q = load per unit area of the plate and B = diameter of the test plate. Referring to Figure 7, the average effective vertical stress is

$$\sigma'_{av} = \frac{qB^2}{(B+2dtan\alpha)^2}$$
[2]

For d/B \leq 2 and α = 26.56° (2:1 distribution)

$$\sigma'_{av} \approx 0.9 \sigma'_{max}$$
 [3]

Hence, from Eqs. 2 and 3, the magnitude of α can be approximated as

$$\alpha \approx \tan^{-1} \left[\frac{\left(\frac{qB^2}{0.9\sigma'_{max}}\right)^{0.5} - B}{2d} \right]$$
[4]

Based on the measured value of σ'_{max} , the approximate variations of α with q = Q/A were calculated and are shown in Figure 8. From this figure the following conclusions can be drawn:

- a) For a given arrangement of geogrid reinforcement and q, the magnitude of α increases as compared to the unreinforced case. A larger value of α implies a decrease in the magnitude of σ'_{av} .
- b) For a given reinforcement arrangement, α is a function of q.

A similar conclusion was also reached by Gabr et al. (1998) based on large-scale model tests in the laboratory.



Figure 8. Plot of α vs. q = Q/A (adapted after Shin et al. 2001).

3. PERFORMANCE OF GEOGRID-REINFORCED BALLAST

3.1 Queens University Study, Ontario, Canada

Bathurst and Raymond (1987) reported results from a large-scale model test program comprising a single tie/ballast system constructed over an artificial subgrade with variable compressibility (also see Bathurst et al., 1986). The tie (width 250 mm x 150 mm deep) was laid on a ballast layer having a thickness of 450 mm. A biaxial geogrid was used for reinforcement of the ballast. The depth of reinforcement below the tie (D_r) ranged from 50 mm to 200 mm. Cyclic loads (peak load of 85 kN per rail tie) with frequencies varying from 0.5 to 3 Hz were applied to the tie. This provided a bearing pressure of 370 kN/m² which represents a typical magnitude of dynamic load felt by ballasts directly beneath the tie for track modulus between 14 and 84 MN/m/m of rail (Raymond, 1984).

Tests were subjected to a maximum number of load repetitions that were equivalent to 2 to 20 million cumulative axle tonnes in track. Figures 9, 10 and 11 show the variation of permanent deformation with cumulative axle tonnes, respectively, for rigid subgrade support (CBR = ∞), flexible subgrade support (CBR = 39), and very flexible subgrade support (CBR = 1). It is obvious from these figures that the inclusion of geogrid in the ballast layer reduces the permanent deformation for any given cumulative axle tonnes. However, the effect becomes progressively pronounced with the decrease in CBR of the subgrade. This fact is also clearly demonstrated in Figure 12, which is for D_r = 100 mm.



Figure 9. Variation of permanent deflection with cumulative axle tonnes for $CBR = \infty$ — tests of Bathurst and Raymond (1987).



Figure 10. Variation of permanent deflection with cumulative axle tonnes for CBR = 39 — tests of Bathurst and Raymond (1987).



Figure 11. Variation of permanent deflection with cumulative axle tonnes for CBR = 1— tests of Bathurst and Raymond (1987).



Figure 12. Results from Queens University study ($D_r = 100 \text{ mm}$).

The transfer to stress is a function of the location of the geogrid in relation to the bottom of the tie. Figures 13 and 14, which are based on the results shown in Figures 10, 11 and 12, show the relationships between cumulative tonnes, permanent deformation, and reinforcement depth D_r . Based on the plots shown in Figures 13 and 14 it appears that the optimum value of D_r varies between 50 to 100 mm. However this depth may be unsatisfactory from practical considerations, that is, construction and maintenance. Hence, a value of $D_r \approx 200$ mm is probably more acceptable.



Figure 13. Determination of the optimum geogrid location (after Bathurst and Raymond, 1987). [Note: CBR = 1.]



Figure 14. Determination of the optimum geogrid location (after Bathurst and Raymond, 1987). [Note: CBR = 39.]

3.2 British Rail Study, Derby, United Kingdom

In order to evaluate the beneficial effects of using geogrid reinforcement in ballast sections, the British Rail Research conducted three large-scale laboratory tests using a rolling load rig (Matharu. 1994). Two of these tests were carried out using extruded biaxial geogrid reinforcement (Figure 15) in the ballast layer. A third test was undertaken without reinforcement and acted as the control section for comparison. In all three tests, a simulated soft subgrade was placed under the ballast and the results were compared with a similar unreinforced test conducted using the solid floor of the test facility; this test was undertaken to determine how the test sections conducted on a soft subgrade compared with a section constructed on a competent formation. The test arrangement is shown schematically in Figure 16. The weight of the rolling load rig used could be varied from 8 to 40 tonnes, 90% of which was carried by the main central axle. For each test section, 2 million gross tonnes (MGT) of trafficking was undertaken.

In the United Kingdom, the performance of a rehabilitated ballast section following subsequent trafficking is defined using the parameters, initial lift and residual lift. These are defined in Figure 17. The four tests undertaken in the British Rail Research study were as follows:

- a) Control section soft subgrade, no reinforcement,
- b) Reinforced section -soft subgrade, geogrid 50 mm above the ballast-subgrade interface (Dr = 250 mm),
- c) Reinforced section soft subgrade, geogrid 100 mm above the ballast-subgrade interface (Dr = 200 mm), and
- d) Control section solid subgrade



Figure 15. Extruded geogrid used in the British Rail Research tests.



Figure 16. Schematic diagram of the cross section of traffic with simulated soft subgrade for the British Rail Research tests.



Figure 17. Definition of initial lift and residual lift.

The main results from the British Rail Research tests are presented in Figure 18. Theoretically, absolutely perfect performance post-rehabilitation would be represented by the situation whereby the initial lift and residual lift were equal; this would mean that there was no further settlement of the track following further trafficking. In reality, the best possible performance is depicted by line 4 in Figure 18 as this depicts the performance of a rehabilitated track constructed on a completely rigid foundation. The further to the right of this line, the more settlement has occurred post-rehabilitation. The main conclusion that can be drawn from these results is that the performance of reinforced ballast constructed on a soft subgrade approaches that of the same ballast section constructed on a solid formation.



Figure 18. Performance of ballast sections — British Rail Research tests.



Figure 19. Dynamic track deflection for unreinforced and reinforced ballast sections — British Rail Research tests.

During the British Rail Research tests, individual rail ties were instrumented to monitor the elastic deformation that occurs as the train transfers its load during trafficking. A typical set of results for a reinforced and unreinforced test section constructed on a soft subgrade are shown in Figure 19. The effect of the reinforcement in creating a stiffer ballast section and reducing the stress imposed on the underlying compressible layer is clear, with a reduction of approximately 50% in the dynamic deformation observed for a given load cycle. Based on this study and other observations, the Network Rail of UK (2005) has provided guideline specifications for designing railroad beds with geogrid reinforcement in the ballast. This is discussed in more detail in Section 6.

3.3 Performance of Geogrid-Reinforced Base Course under Cyclic Load

Atalar et at. (2001) undertook a study related to the planning and construction of a high-speed (385 km/h) rail line extending from Seoul to Pusan, South Korea. This study was primarily intended to improve the bearing capacity of soft subgrade (similar to that shown in Figure 4). The testing equipment and layer thicknesses are shown schematically in Figure 20. A biaxial geogrid was used for these tests. The subgrade soil had a CBR of 3. A rail tie with a width of 270 mm was used for application of a cyclic load (Figure 21) to the test section. The maximum cyclic stress to which the tie was subjected was approximately 14 % greater than that anticipated in the field. The variation in the amount and type of geogrid reinforcement used in the four tests undertaken is presented in Table 1.

The results of the testing are presented in Figure 22. The performance benefits resulting from the inclusion of geosynthetic in the various aggregate layers is obvious — following 500.000 load cycles, settlement in the reinforced sections was reduced by 47%, 58% and 80% for tests 2, 3 and 4 respectively.



Figure 20. Test arrangement — Atalar et al. (2001).

Figure 21. Cyclic load application — Atalar et al. (2001).

Table 1. Sequence of model tests reported by Atalar et al. (2001)



Figure 22. Settlement of subgrade and sub-base with load cycle — Atalar et al. (2001).

More recently, Indraratna et al. (2011) also described certain aspects of improvement of bearing capacity by geogrid reinforcement of base course.

4 PARAMETRIC STUDY FOR SELECTION OF GEOGRID

Brown, Thom and Kwan (2006) and Brown, Kwan and Thom (2007) reported results of full-scale tests conducted at Nottingham Transportation Engineering Center at the University of Nottingham (UK) that were intended to identify the key parameters that influence geogrid reinforcement of railway ballasts (similar to that shown in Figure 3). Some of the results were also summarized by Thom (2009). These tests were conducted in a Composite Element Test apparatus (shown in Figure 23). Repeated loads of 20 kN at 2 Hz were applied for 30,000 cycles through a loading platen consisting of a section of rectangular hollow steel 250 mm wide (0.7 m long) representing the sleeper. This gave a contact stress of 114 kN/m² beneath the berm which is about half of the maximum expected on an actual track. Extruded biaxial geogrids with square apertures and various nominal tensile strength were used for the tests. A summary of the major findings of the test program follows:



Figure 23. Schematic diagram of the Composite Element Test apparatus (after Brown et al., 2006).

4.1 Resilient Tensile Stiffness of Geogrids (R)

Resilient tensile stiffness is probably a more appropriate parameter of geogrid for design purposes as compared to nominal tensile strength and it is defined as

$$R = \frac{\text{Amplitude of cyclidoad per meter width}}{\text{Amplitude of tensile strain}}$$
[5]

The amplitude of cyclic load should be below 10% of the tensile strength of the geogrid. Figure 24 shows the variation of R with nominal tensile strength T of geogrid having 65 mm nominal aperture size. The results show that there is a nonlinear relationship between stiffness and nominal tensile strength.





4.2 Influence of Aperture Size of Geogrid on Settlement

Figure 25 shows a plot of aperture size with settlement at 30,000 load cycles. The numbers next to each point are the nominal tensile strength of geogrid (in kN/m). It is obvious from the figure that tensile strength may not necessarily the

parameter alone which controls the settlement. For these tests it appears that the optimum dimension of the aperture for minimizing settlement is 60–80 mm with an average of 70 mm. For the tests the nominal aggregate size was 50 mm. Thus, for optimum performance, the ratio is



[6]

Figure 25. Relationship between settlement after 30,000 cycles and geogrid aperture size (after Brown et al., 2006). [Note: Numbers indicate tensile strength of geogrids in kN/m.]

It is also interesting to point out that McDowell et al. (2006) conducted a theoretical study that involved the application of Discrete Element Method for modeling of both grid and ballast. One of the key findings of this study was that the optimum ratio of grid aperture size to the nominal size of aggregate is about 1.4. This is essentially the same as that found from the experimental work of Brown et al. (2006).

4.3 Influence of Geogrid Stiffness

The influence of geogrid stiffness of the settlement at 30,000 cycles for low overburden pressure is shown in Figure 26. The geogrid used had aperture size of 65 mm but varying stiffness (R). This indicates, somewhat counter intuitively, that performance deteriorates with higher stiffness of geogrids. Further tests were carried out by Brown et al. (2007) under higher overburden pressure which showed that, indeed, performance improved with higher stiffness of geogrid. Thus, given the nature of the geogrids, this suggests that bending stiffness in the plane of the geogrid may be an important parameter. Under low overburden, the geogrid would tend to resist the compaction process inhibiting the development of good interlock with the ballast particles.



Figure 26. Relationship between settlement and geogrid stiffness for low overburden tests (after Brown et al., 2007).

4.4 Effect of Geogrid Reinforcement in Ballast for Extension of Maintenance Cycles

Figure 27 shows the variation of settlement vs. number of load cycles for both unreinforced and geogrid-reinforced ballast. The geogrid used for these tests had a nominal aperture size of 65 mm and tensile strength of 30 kN/m. The tests were conducted up to one million cycles. It can be seen from the figure that, for about 7.5 mm settlement, the cyclic load needed for reinforced ballast is about 2.5 times more as compared to that for unreinforced ballast. This implies that, in the field,

geogrid reinforcement in the ballast extends the time for maintenance cycles. Using this geogrid, good performance has also been demonstrated by early results from a field trial on the West Coast Main Line (UK) as reported by Sharpe et al. (2006).



Figure 27. Plot of settlement vs. number of load cycles (after Brown et al., 2006). [Note: Geogrid — 65 mm aperture and 30 kN/m tensile strength.]

5 SOME CASE HISTORIES

There has been a steady increase in the use of geogrids as ballast or sub-ballast reinforcement since these materials were introduced more than twenty-five years ago. In recent times, their use has become particularly widespread in Germany and parts of Eastern Europe. The following case histories outline some of the projects where geogrid reinforced rail beds were used; in each case, the value brought to the end user is also described.

5.1 Heavy Rail Project, Millstead. Alabama, USA

Walls and Galbreath (1987) describe a project involving the reconstruction of a 2 km long rail track near Millstead, Alabama. The track section was owned and operated by CSX Transportation, one of the Class I railroad companies in the United States. The track was founded on poor quality soils consisting of interbedded sand and weak clay; the high groundwater table added to the challenging ground conditions.

This stretch of rail line had a long history of problems being encountered. The heavy rail traffic resulted in excessive settlement of the track due to progressive shear failure of the subgrade, heaving of shoulders and pumping of fines through the ballast. At one point in time, maintenance work was being undertaken every two to four weeks, and an 8 km/h speed restriction was in permanent effect.

Rather than adopt the alternative and more costly solution of relocating the track, the decision was made to stabilize the track foundation using geosynthetics. A layer of geotextile (380 g/m²) placed on the existing sub-ballast to provide additional separation, and this was immediately overlain with a layer of extruded biaxial geogrid and a 300 mm thick ballast layer. The project was completed in December 1983. After three years of further rail trafficking, no track stability problems had been encountered at the time of reporting (i.e. 1987) and the maximum speed was raised to 56 km/h.

5.2 Australian National Rail Project, Cavan, South Australia

Alexander and Sanders (1994) provide details of a rehabilitation project that involves a 700 m long section of rail track located at Cavan, near Adelaide in South Australia. The line was owned and operated by the Australian National Rail Authority. Reconstruction was necessary due to the underlying poor ground conditions — clay soil (typical undrained shear strength 100 kN/m²), combined with a high ground water table. The construction involved placing a layer of geotextile over the subgrade and then placing a layer of geogrid on top of the geotextile. A 450-m thick ballast layer was then placed over the geogrid layer, after which a second layer of geogrid was place to, in effect, encapsulate the sub-ballast and form a raft. Further ballasts were then placed to form the normal railway ballast formation. At the time of reporting by the authors (in 1994), no noticeable movement or settlement of track had occurred.

5.3 Czech Republic Rail Project

The upgrading of rail lines in the former Communist countries of Eastern Europe during the last fifteen to twenty years has involved some of the most extensive rail infrastructure investment anywhere in the world. The railway sections in the Czech Republic are divided into four corridors. Corridors I, II, III and IV have lengths of 430 km, 240 km, 540 km and 200 km respectively. Upgrading of 92 km of Corridor I (construction time 1996-2003) and 32 km of Corridor II (construction time 1998-2005) were typical of this work (Mica et al. 2000). The track was required to carry 160 km/h high speed trains. but in many cases the subsoil conditions were unfavorable — low bearing capacity subgrade and high groundwater were commonly encountered.

Consideration was given to using cement stabilization to improve the subgrade but this was quickly discounted due to the prevailing climatic conditions — heavy rain for prolonged periods is common in this area. There were also environmental concerns associated with chemical stabilization techniques. Instead, the use of biaxial geogrids beneath and, in some cases, within the ballast/sub- ballast offered the opportunity to avoid excavation of the subgrade and also reduce the quantity of aggregate required. This method of stabilization also allowed work to continue during the bad weather while achieving the target bearing capacity for the track foundation.

The geogrid and geotextile used in the construction had the following specifications:

- Tensile strength (transverse and longitudinal) 30 kN/m (min)
- Tensile strength at 3% elongation (transverse and longitudinal) 10 kN/m (min)
- 5.4 Ground Stabilization for Rail Track in Nagykanizsa, Hungary

Maintenance of the rail track in Nagykaisza, Hungary, was frequent and expensive due to permanent penetration of fine particles from the embankment body into the ballast layer and ballast stone into weak sub-soil. As a short-term measure, monthly maintenance of the railway section in Nagykanizsa was required. However, in 2000, a permanent solution was needed to solve the problem of the penetration of fine particles from the embankment body into the ballast layer by using geotextile and geogrid. The solution started with excavation of the old ballast layer including 10 cm below the standard thickness of the layer. Then, a layer of biaxial geogrid with a light separation geotextile was installed beneath, directly on the weak soil and covered with new ballast stone (Figure 28). Stone particles penetrated the apertures of the geogrid and interlocked. With this mechanism, horizontal movements of the stones generated by cycling loading of the track were retained. The ballast layer was stabilized and the mixing of stones and fine particles ended. After installation of the geogrid, measurements on the rail track showed a significant reduction of deformations compared with the situation previously (Figure 29). More details are available in Case Study Ref. 058 (Tensar International).





Figure 28. Stabilization of ground for rail track in Nagykanizsa, Hungary (2000).

Figure 29. Deformation of rail track before and after maintenance (Nagykanizsa, Hungary).

6 NETWORK RAIL (UK) DESIGN SPECIFICATIONS

The use of geogrids as reinforcement is beginning to be incorporated into the railroad design codes of several countries, particularly in Europe. As an example, following is a summary of the guidelines adopted by the Network Rail (2005). According to the guidelines, "geogrid reinforcement" is defined as "a plastic mesh with high tensile stiffness, used to reduce ballast movement over soft ground." The required dynamic sleeper support stiffness (K) is given in Table 2.

		Minimum dynamic sleeper support stiffness (K) kN/mm/sleeper end
Absolute value		30
Existing main lines	With geogrid reinforcement	30
	Without reinforcement	60
New track	Up to 100 mph	60
	Above 100 mph	100

Table 2. Required dynamic sleeper support stiffness (K) for maximum axle load of 25 tonnes (after Network Rail, 2005)

The dynamic sleeper support stiffness (K) is defined as "the peak load divided by the peak deflection of the underside of a rail seat area of an unclipped sleeper subjected to an approximately sinusoidal pulse load at each rail seat; the pulse load being representative in magnitude and duration of the passage of a heavy axle load at high speed." Accordingly, Figure 30 can be used to obtain the required trackbed thickness with known values of K and undrained subgrade modulus E (or undrained cohesion C_u).



Figure 30. Determination of thickness of trackbed layers (Network Rail, 2005).

7. CONCLUSIONS

A review of the present state-of-the-art for using geogrids as reinforcement in railway track bed construction has been presented. Depending on the required benefit, the reinforcement can be placed within the ballast layer, at the interface of the ballast and sub-ballast layer, and/or directly on the subgrade. Based on the laboratory testing described and extensive experience in the use of geogrids on projects throughout the world, the following general conclusions can be drawn.

- a) Geogrid reinforcement reduces the rate of permanent settlement of tracks, particularly on soft subgrades,
- b) The elastic deformation of the track for an individual load cycle is reduced due to the stiffening effect of the reinforcement.
- c) Geogrid reinforcement extends the interval between maintenance operations.
- d) The minimum practical depth below ties at which a geogrid reinforcement laver can be placed is about 200 mm. At this depth, the reinforcement benefits are still very significant.
- e) The optimum nominal aperture size of geogrid should be about 1.4 times the nominal ballast size.

f) When geogrids are used for ballast reinforcement, their bending stiffness may be an important parameter as related to the extension of the maintenance cycle. This requires further evaluation.

REFERENCES

- Alexander, W.W. and Sanders, L. J. (1994). Geogrid encapsulation of railway formation, *Proceedings of the Fifth* International Conference on Geotextiles, Geomembranes, and Related Products, Singapore: 167-169.
- Atalar, C., Shin, E.C., Das, B.M. and Kim, D.H. (2001). Settlement of geogrid-reinforced railroad bed due to cyclic load, Proceedings, XV International Conference on Soil Mechanics and Geotechnical Engineering, Istanbul, Turkey: 2045-2048.
- Bathurst, R.J. and Raymond, G.P. (1987). Geogrid reinforcement of ballasted track. *Transportation Research Record 1153*. National Research Council, Washington, D.C.: 8-14.
- Bathurst, R.J., Raymond, G.P. and Jarret, P M. (1986). Performance of geogrid-reinforced ballast railroad track support, *Proceedings, Third International Conference of Geotextiles*, Vienna, Austria: 44-48.
- Brown, S.F., Kwan J. and Thom, N.H. (2007). Identifying the key parameters that influence geogrid reinforcement of railway ballast, *Geotextiles and Geomembranes*, 25(6): 326-335.
- Brown, S.F., Thom, N.H. and Kwan, J. (2006). Optimising the geogrid reinforcement of rail track ballast, *Proceedings, Railway Foundations*, University of Birmingham, UK: 346-354.
- Gabr, M.A., Dodson, R. and Collin, J.G. (1998). A study of stress distribution in geogrid-reinforced sand, *Geotechnical Special Technical Publication* 76, ASCE : 62-76.
- Giroud, G.P. and Han, J. (2004). Design method for geogrid-reinforced unpaved roads; I: Development of design method; II: Calibration and applications, *Journal of Geotechnical and Geoenvironmental Engineering*, ASCE, 130(8): 775-797.
- Indraratna, B., Nambalkar, S. and Rjuikiat-Kamjorn, C. (2011). Stabilisation of ballast and subgrade with geosynthetic grids and drains for rail infrastructure, *Proceedings, International Conference on Advances in Geotechnical Engineering 2011*, Perth, Australia: 99-112.
- Matharu, M.S. (1994). Geogrids cut ballast settlement rate on soft substructures, Railway Gazette International, March.
- McDowell, G. R., Harireche, O., Konietsky, H., Brown, S.F. and Thom, N.H. (2006). Discrete element modeling of geogridreinforced aggregates, *Proceedings, Institute of Civil Engineering*—Geotechnical Engineering, 159(GE1): 35-48.
- Mica, L., Hubic, P., Mynav, J. and Minar, L. (2000). Railway corridors construction using rigid geogrids reinforcement in the Czech Republic, *Proceedings, Second European Conference on Geosynthetics*, Bologna, Italy: 403-406.
- Network Rail (2005). Network rail specification; NR/SP/TRK/9039--formation treatment, Network Rail, London, England.
- Perkins, S.W. (1999). Geosynthetic reinforcement of flexible pavements: laboratory based pavement test sections, Federal Highway Administration Report No. FHWA/MT-99-001/81838.
- Raymond, G. P. (1984). Track support must be right if concrete sleepers are to survive, *Railway Gazette International*, 140(7): 528-530.
- Sharpe, P., Brough, M. and Dixon, J. (2006). Geogrid trials at Coppull Moor on the West Coast Main Line, *Proceedings, Railway Foundations*, University of Birmingham, UK: 367-378.
- Shin, E.C., Kim, D.H., Das, B.M., and Lee, E.S. (2001). Stress distribution in reclaimed land under a geogrid-reinforced granular pad, *Proceedings of XI International Conference of Offshore and Polar Engineering*, Stavanger, Norway: 675-680.
- Tensar International. Tensar Case Study, Ref. 058.
- Thom, N. H. (2009). Rail traffic testing, *Jubilee Symposium on Polymer Geogrid Reinforcement*, Institute of Civil Engineers, London, England: 61-66.
- U.S. Army Corps of Engineers (2003). Use of Geogrids in Pavement Construction. ETL 1110-1-189.
- U.S. Department of Transportation. Federal Highway Administration (1994). *Geogrid Reinforced Base Course. Engineering* Brief No. 49.
- Walls, J.C. and Galbreath, L.L. (1987). Railroad ballast reinforcement using geogrids, *Proceedings of Geosynthetics* '87, New Orleans, Louisiana, USA: 38-45.